

2016 TOUR DE BOWNESS

JULY 30TH – AUGUST 1ST, 2016

ROAD RACE SAT, JULY 30

HORSE CREEK (COCHRANE)

EVENT SCHEDULE

9:00am Staging of Categories

9:05am Category 1/2 start
3 loops @ 44km = 132km

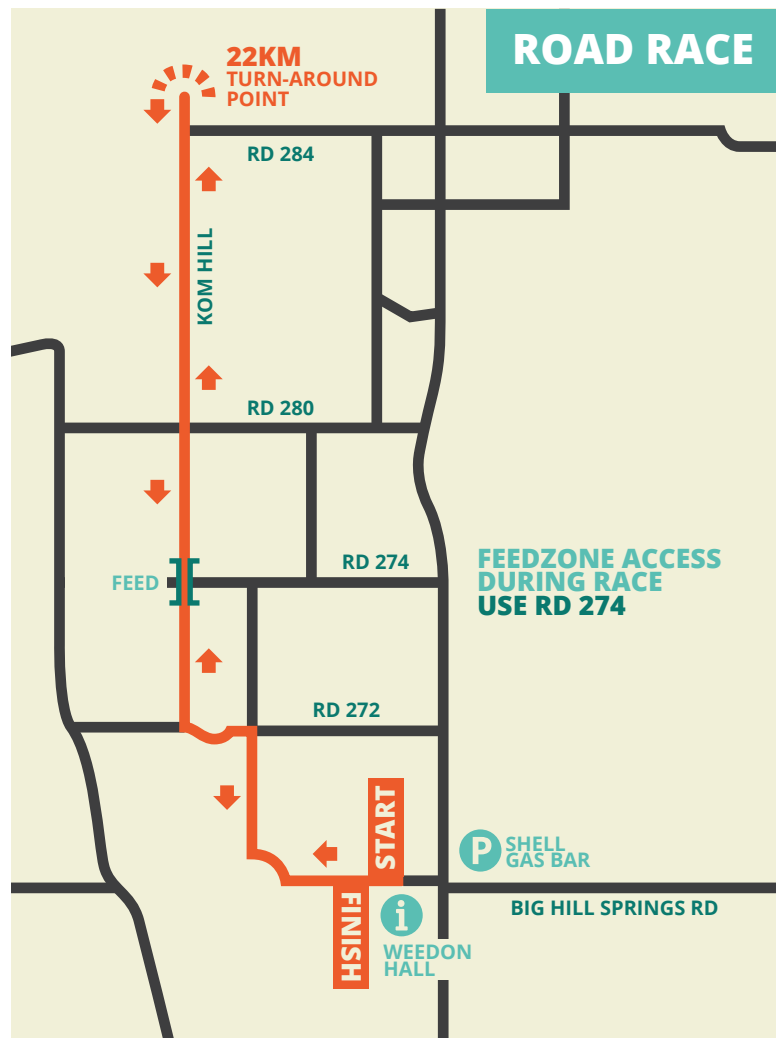
9:10am Category 3 start
3 loops @ 44km = 132km

9:15am Category Women 1,2,3
3 loops @ 44km = 132km

9:20am Category 4 start
2 loops @ 44km = 88 km

9:25am Category 5 start
2 loops @ 44km = 88 km

9:28am Category Women 3,4,5
2 loops @ 44km = 88 km



2016 TOUR DE BOWNESS

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HILL CLIMB SUN, JULY 31

CANADA OLYMPIC PARK

EVENT SCHEDULE

4:00pm Registration open for Hill Climb

5:00pm Warm Up

5:45pm Hill Climb Clear

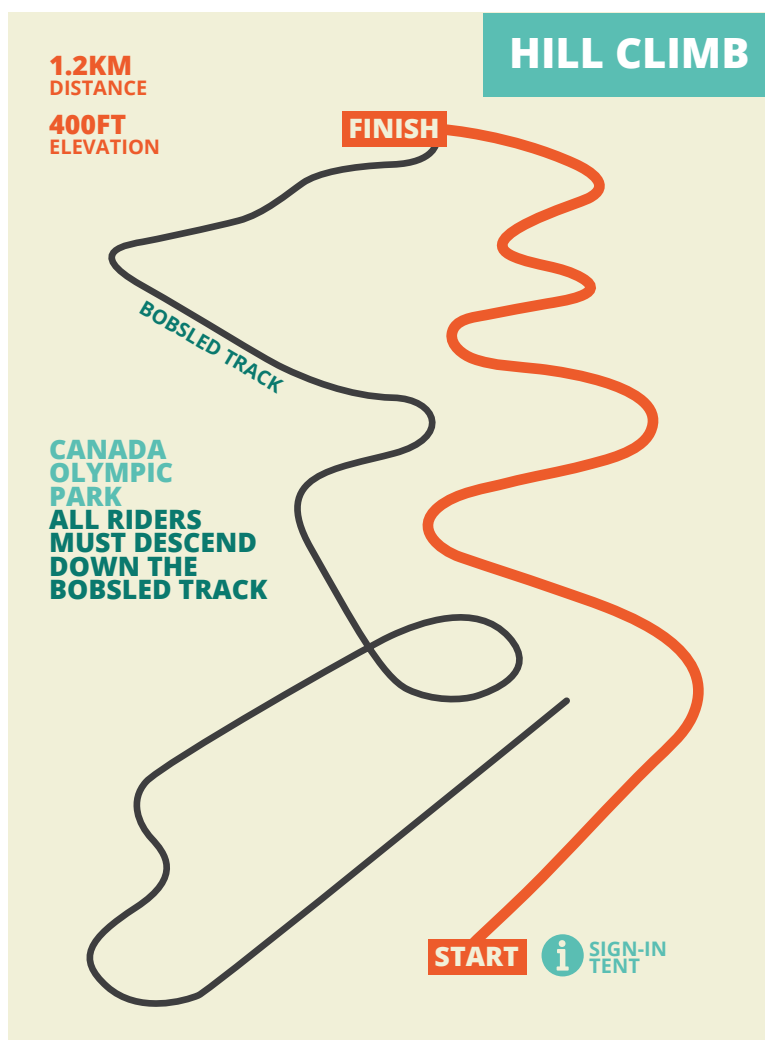
6:00pm Category 5

6:20pm Category 4

6:40pm Category 3

7:00pm Women
Category 1/2/3/4/5

7:20pm Category 1/2



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CRITERIUM MON, AUG 1 BOWNESS

EVENT SCHEDULE

8:00am	Course open for training
9:00am	Women Category 3/4/5 start 20 laps
9:45am	Category 5 start 20 laps
10:30am	Category 4 30 laps
12:00pm	Category 3 start 35 laps
1:00pm	Women Category 1/2/3 25 laps
2:00pm	Category 1/2 45 laps

